

## Al-Alim

اللَّهُمَّ فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ، عَالِمَ الْغَيْبِ وَالشَّهَادَةِ، رَبَّ كُلِّ شَيْءٍ وَمَلِيكَهُ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي، وَشَرِّ الشَّيْطَانِ وَشِرْكِهِ، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءًا أَوْ أَجْرَهُ إِلَى مُسْلِمٍ

Abu Rashid al-Hubrani said, "I came to 'Abdullah ibn 'Umar and asked him to relate to us what he had heard from the Messenger of Allah, may Allah bless him and grant him peace. He handed me a paper and said, 'This is what the Prophet, may Allah bless him and grant him peace, wrote for me.' I looked at it and it read:

'Abu Bakr as-Siddiq asked the Prophet, may Allah bless him and grant him peace, "Messenger of Allah, teach me what to say in the mornings and evenings." He said, "Abu Bakr, say, 'O Allah, the Creator of the heavens and the earth, the Knower of the Unseen and Visible, the Lord of all things and their Master. I seek refuge with You from the evil of shaytan and his encouragement to associate and that I bring evil on myself or bring it on another Muslim.'"

Grade: Sahih (Al-Albani)  
Reference: Adab Al Mufrad  
English translation: Book 49, Hadith 1204

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ وَلَا إِلَهَ غَيْرُكَ " . ثُمَّ يَقُولُ " لَا إِلَهَ إِلَّا اللَّهُ " . ثَلَاثًا ثُمَّ يَقُولُ " اللَّهُ أَكْبَرُ كَبِيرًا " . ثَلَاثًا " أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ مِنْ هَمَزِهِ وَنَفْخِهِ وَنَفْثِهِ "

Narrated AbuSa'id al-Khudri: When the Messenger of Allah (ﷺ) got up to pray at night (for tahajjud prayer) he uttered the takbir and then said: "Glory be to Thee, O Allah," and "Praise be to Thee" and "Blessed is Thy name," and Exalted is Thy greatness." and "There is no god but Thee." He then said: "There is no god but Allah" three times; he then said: "Allah is altogether great" three times: "I seek refuge in Allah, All-Hearing and All-Knowing from the accursed devil, from his evil suggestion (hamz), from his puffing up (nafkh), and from his spitting (nafth)" He then recited (the Qur'an).

Grade: Sahih (Al-Albani)  
Reference: Sunan Abi Dawud 775  
English translation: Book 3, Hadith 774

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

'Uthman bin 'Affan (May Allah be pleased with him) reported:

The Messenger of Allah (ﷺ) said, "He who recites three times every morning and evening: 'Bismillahil-ladhi la yadurru ma'as-mihi shai'un fil-ardi wa la fis-sama'i, wa Huwas-Sami'ul-'Alim (In the Name of Allah with Whose Name there is protection against every kind of harm in the earth or in the heaven, and He is the All-Hearing and All- Knowing),' nothing will harm him."

Reference: Abu Dawud & At- Tirmidhi  
English translation: Book 16, Hadith 1457

Narrated Uthman ibn Affan: Aban ibn Uthman said: I heard Uthman ibn Affan (his father) say: I heard the Messenger of Allah (ﷺ) say: If anyone says three times: "In the name of Allah, when Whose name is mentioned nothing on Earth or in Heaven can cause harm, and He is the Hearer, the Knower" he will not suffer sudden affliction till the morning, and if anyone says this in the morning, he will not suffer sudden affliction till the evening. Aban was afflicted by some paralysis and when a man who heard the tradition began to look at him, he said to him: Why are you looking at me? I swear by Allah, I did not tell a lie about Uthman, nor did Uthman tell a lie about the Prophet (ﷺ), but that day when I was afflicted by it, I became angry and forgot to say them.

Grade: Sahih (Al-Albani)  
Reference: Sunan Abi Dawud 5088  
English translation: Book 42, Hadith 5069