

Living with the Names of Allah ﷻ

Du'aas For Protection

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

'Uthman bin 'Affan (May Allah be pleased with him) reported:

The Messenger of Allah (ﷺ) said, "He who recites three times every morning and evening: 'Bismillahil-ladhi la yadurru ma'as-mihi shai'un fil-ardi wa la fis-sama'i, wa Huwas-Sami'ul-'Alim (In the Name of Allah with Whose Name there is protection against every kind of harm in the earth or in the heaven, and He is the All-Hearing and All-Knowing),' nothing will harm him."

Reference: Abu Dawud & At-Tirmidhi
English translation: Book 16, Hadith 1457

Narrated Uthman ibn Affan: Aban ibn Uthman said: I heard Uthman ibn Affan (his father) say: I heard the Messenger of Allah (ﷺ) say: If anyone says three times: "In the name of Allah, when Whose name is mentioned nothing on Earth or in Heaven can cause harm, and He is the Hearer, the Knower" he will not suffer sudden affliction till the morning, and if anyone says this in the morning, he will not suffer sudden affliction till the evening. Aban was afflicted by some paralysis and when a man who heard the tradition began to look at him, he said to him: Why are you looking at me? I swear by Allah, I did not tell a lie about Uthman, nor did Uthman tell a lie about the Prophet (ﷺ), but that day when I was afflicted by it, I became angry and forgot to say them.

Grade: Sahih (Al-Albani)
Reference: Sunan Abi Dawud 5088
English translation: Book 42, Hadith 5069

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

Khaulah bint Hakim (May Allah be pleased with her) reported:

I heard the Messenger of Allah (ﷺ) saying, "Whosoever alights somewhere and says: 'A'udhu bikalimat-illahit-tammati min sharri ma khalaqa (I seek refuge with the Perfect Words of Allah from the evil of what He has created),' nothing will harm him until he leaves that place."¹

A man came to the Prophet (ﷺ) and said, "What a trouble I suffered from a scorpion which stung me last night!" He (ﷺ) said, "Had you said in the evening: I seek the protection of Allah's Perfect Words from the evil of whatever He has created, it would not have harmed you."²

Grade: Sahih Muslim
Reference 1: Book 8, Hadith 982
Reference 2: Book 16, Hadith 1452

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ، وَمِنْ كُلِّ عَيْنٍ لَامَّةٍ

The Prophet (ﷺ) used to seek Refuge with Allah for Al-Hasan and Al-Husain and say:

"Your forefather (i.e. Abraham) used to seek Refuge with Allah for Ishmael and Isaac by reciting the following: 'O Allah! I seek Refuge with Your Perfect Words from every devil and from poisonous pests and from every evil, harmful, envious eye.'"

Grade: Sahih al-Bukhari 3371
Reference: Book 60, Hadith 50
English translation: Vol. 4, Book 55, Hadith 590